



OUT & ABOUT IN BADEN-WÜRTTEMBERG



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Barefoot parks let you feel with all senses

by Birgit Thompson

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For those who have never walked shoe-less through mud, over sand, or on a forest floor, it may be time to check out this experience at one of Baden-Württemberg's many bare foot parks.

Barefoot Park Dornstetten-Hallwangen-Northern Black Forest

This park is a favorite tour destination for groups and families. Each year, nearly 140,000 guests walk the 2.5 kilometer path with more than a dozen different surfaces to "feel" and many unique challenges to overcome along the trail.

Located on display boards along the path, visitors can find instructions for exercises to try, such as calf muscle and leg vein training.

There are barbecue areas that invite patrons to take a break throughout the day. At the entrance and exit of the park, lockers are available for storing personal belongings and a washroom is available for rinsing off after the barefoot adventure.

Entrance is free; however, the park asks for a €2 donation to keep the experience running. Parking costs are not included. This park is not accessible to strollers or wheelchairs. For more information visit, www.barfusspark.info.

Barfusspfad Creglingen:Region Hohenlohe/Franken, Tauber-Valley

One of the most remarkable barefoot paths is located at the "Herrgottstal" (God's Valley) in Creglingen (near Rottenburg ob der Tauber). The park invites the whole family to "feel with all senses." In its vast recreational area, the path, Kneipp basin (very cold, calf high water pool), water playground and lake will keep visitors occupied all day.



www.barfussparkinfo.de

Surfaces at the Dornstetten-Hallwangen park include cork, mulch, plastic and many more.

The barefoot path is 800 meters long and is open to the public until October. The path winds through forest, meadows, along brooks and over soft and hard surfaces, which naturally massage the barefoot wanderer's feet.

Surfaces such as mulch beds, mud, sand, pebbles, plaster stones, slate plates, wood logs, and wooden slates keep the sensations unpredictable. These different surfaces are almost continuous throughout the path. All along the way, information stations answer questions visitors may have about this unusual journey.

Next to the water playground, visitors can discover a 90-meter foot-feel-trail, which is

designed for visitors to maneuver through with their eyes closed while holding on to a rope.

Safety checks at the park are performed daily. A washroom is available. There is an entrance fee of €2 for adults and €1 for children during summer. All other times, the entrance is free.

Other parks in Baden Württemberg include: Gutach im Schwarzwald (Black Forest), Messstetten/Tieringen (Swabian Alb region), Muggenbrunn (Black Forest) and Zell-Weierbach. Information for these and other parks within Germany can be found at, www.barfusspark.info.

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Food and culture

Spargelcremesuppe: asparagus cream soup

2 cups of white asparagus
6 cups of water
1 Tbls. sugar
60 gr. butter
40 gr. flour
Salt, white pepper
1 Tbls. white wine
1 Tbls. lemon juice
1 egg yolk
4 Tbls. heavy whip cream

Clean the asparagus, cut off bottom ends and peel from the tip down.

Keep the end cuts and peel, and boil in water for 20 minutes. Cut asparagus spears in three even parts and put aside.

After boiling the end cuts and the peel, remove them from the

water and discard. Keep the water as your base for the soup. Add salt, sugar and asparagus to the base and let simmer for 20 minutes.

In a larger pot melt 40 gr. of butter and add the flour, stirring constantly. Slowly add the asparagus base into the butter flour mix, stirring constantly to avoid clumps. Simmer the mixture for an additional 15 minutes, and then add the lemon juice, wine, salt and pepper to taste. Remove from heat.

Mix the egg yolk with the rest of the butter into the soup to will give the soup a smooth texture.

Serve with small ham cubes or fresh herbs. The soup can be blended for a more creamier consistency.



The Shaker is one of 240 different attractions featured at the Frühlingsfest in Bad Cannstatt this year.

Ongoing until May 15: Stuttgart Spring festival

The Frühlingsfest is ongoing until mid-May. Special family days offering reduced prices are set for May 4 and 11, starting at noon. On May 6, hot air balloon pilots from Finland, Switzerland and Germany will light up the sky at the start of their 24-hour balloon race at 6 p.m.

This year's festival comes to a close on May 15 with a traditional fireworks display. The night sky over the fest grounds in Bad Cannstatt will be illuminated for almost 15 minutes, starting at 9:45 p.m.

Mother's Day originated in the U.S., celebrated around the world

On May 8, 1914, U.S. Congress signed a joint resolution that declared Mother's Day on the second Sunday of May as a sign of appreciation for all that mothers do for their families. In 1923, Germany followed suit, and today 96 nations celebrate Mother's Day on the second Sunday in May.



MARKETS AND MUCH MORE

• Ongoing until June 26: Reutlingen Dinosaurs exhibit

"Giants before our time" is the theme behind 50 life-size dinosaurs on display through the city of Reutlingen. This event features weekend hands-on programs for children and adults.

• April 29 to May 1: Horb am Neckar Train adventure world

A train adventure world (Eisenbahn-Erlebnis-Welt) opens this weekend in the museum park at the old Güterbahnhof. More than 60 historical trains will be on display.

A cinema, bistro and children's miniature garden train fill the almost 6,000 square meter of exhibit space.

• April 29 to May 1: Korb Street festival

The city section of Kleinheppach is the stage for a "gemütliches," cozy little street festival at the Gasthof Zum Guten Tröpfle. Visitors can enjoy Maultaschen, vintner roast and more.

• April 29 to May 2: Weinstadt Wine Village

The city section of Beutelsbach will be hosting their annual wine village at the Marktplatz.

• April 30 to May 1: Althütte May Tree festival

Visitors to Althütte can observe the old tradition of the May tree. This custom entails that young craftsmen erect a tree in the middle of the village for prosperity and luck.

The tree will be erected at 6 p.m. in the Bühlackerweg in Kallenberg.

• April 30 to May 1: Magstadt May festival

This traditional festival is located at the Hölzersee and features a beer tent, music and lots of fresh fish.

• April 30 to May 10: Mannheim May market

The Mannheim May market is one of the largest regional trade fairs in Germany.

Visitors can explore over 20,000



www.maimarkt.de

The Maimarkt in Mannheim features a wide variety of markets and events until May 10.

new products, observe knights games, or discover the Playmobil and Ravensburger toy land. This fair is open daily from 9 a.m. to 6 p.m. Ticket prices range from €4 for children to €8 for adults. For more information, visit www.maimarkt.de.

• April 30 to May 2: Ubstadt-Weiher Variety market

This May market is located at the Macellusplatz in the city section of Stettfeld and features numerous vendors.

• May 1: Heilbronn International children's festival

The Frankenstadion is the location of this international children's festival. Originally started as a local Turkish celebration for children, Heilbronn adopted the festival for children of all nationalities.

• May 1: Reutlingen Tulip festival

The annual tulip festival returns in full bloom in the city section of Gönningen. More than 45,000 tulips start their bloom in mid April. The tulip festival is open from 10 a.m. to 6 p.m.

• May 1: Sachsenheim Variety market

Visitors to the variety market in

Out and About with Outreach Kontakt

The Stuttgart German/American Outreach Kontakt Club invites all community members to join the monthly activities.

Learn about host nation customs, make friends, see the sights and enjoy Germany.

Membership to the club is not required to tag along on one of the outings or get-togethers.

The club holds its monthly member meeting on the first Sunday of each month in the old Panzer fire station on Waldburgstrasse in Böblingen at 2 p.m.

Upcoming events:

- May 1: Bad Cannstatt Frühlingsfest/spring festival (instead of the member meeting at the club house); The club will meet at the Grandl's beer tent at 11 a.m.

- June 5: Stammtisch and barbecue at the club house on Waldburgstrasse in Böblingen, starting at 2 p.m.

- June 18: Forest barbecue, the location is to be determined.

For more information, visit www.kontakt-club-stuttgart.de.



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MARKETS AND MUCH MORE



Sachsenheim can find toys, baskets, jewelry, spices and more at the Marktplatz in Grossachsenheim from 11 a.m. to 6 p.m.

• **May 1: Waldenbuch Fairy tale event**

The Schloss Waldenbuch will hold a family day with the telling of fairy tales, May fire, and more from noon to 6 p.m.

• **May 2: Rottenburg am Neckar Variety market**

This market will be held at the Marktplatz in Ergenzingen starting at 8 a.m.

• **May 3-8: Stuttgart Cartoon festival**

The international cartoon festival returns to city theaters Gloria 1, Metropol and the Schlossplatz. International cartoonists present their colorful flash animations and 3-D cartoons daily from 10 a.m. to 2 p.m.

For more information, visit www.itfs.de.

• **May 5-9: Heilbronn Spring festival**

The Heilbronn Spring Festival at the

Theresienwiese features beer tents, rides and a large variety market. The event starts on May 5 at 5:30 p.m.

• **May 7: Hochdorf/Plochingen Farmers market**

This farmers market with the slogan "Regional-Biological-Good" introduces visitors to local products, foods and more in the center of town from 9 a.m. to 1 p.m.

• **May 7-8: Böblingen Art and Garden market**

This market will be held at the Oberen and Untensees. The market features more than 60 vendors of garden and home decorations, art, plants and flowers in the center of Böblingen.

• **May 7-8: Calw Variety fair**

The Active fair (Aktivmesse) features more than 70 vendors and an extensive entertainment program and more for visitors of all ages. Pony rides, bouncing castles, fair rides and more await visitors on Saturday from 2-7 p.m. and on Sunday from 11 a.m. to 6 p.m. at the Schwarzwaldhalle.

• **May 7-8: Pfullingen Variety market**

This market features a variety of regional specialties and more at the Marktplatz.

• **May 7-8: Schwäbisch Hall Cheese market**

The southern German cheese market comes to Schwäbisch Hall. This market offers different cheeses from all over Germany and its neighboring countries.

Visitors can try and choose from more than 200 different cheese varieties at the Marktplatz. The market is open from 10 a.m. to 6 p.m. on both days.

• **May 7-8: Stuttgart S-Mobile car exhibit**

The Automobile summer "S-Mobile" returns for the ninth time to the city center of Stuttgart.

More than 20 car makers will present almost 170 new car models along the Königstrasse. The exhibit length is 1.1 kilometers, starting at the Hauptbahnhof all the way to Rotebühlplatz.

• **May 8: Asperg Arts and crafts market**

This market is located in the center of town. Stores will be open for Sunday shopping from 11 a.m. to 6 p.m.

• **May 8: Bad Libenzell Nature park market**

The center of town comes alive during the annual nature park market. Visitors can enjoy music, food and more from 11 a.m. to 6 p.m.

• **May 8: Cleeborn Mother's Day celebration**

The town of Cleeborn celebrates all mothers at the Tripsdrill amusement park. Hundreds of heart shaped balloons will decorate the park in honor of Mothers Day. The park will be open from 9 a.m. to 6 p.m. For more information, visit www.tripsdrill.de.

• **May 8: Metzingen Sunday shopping**

Sunday shopping is back in the outlet city Metzingen. All stores will be open from 1-6 p.m.

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MARKETS AND MUCH MORE

• May 8: Öhringen Variety market

The annual Hirschgassen festival and variety market offers a large assortment of antiques and more at the Marktplatz. All stores in the center of town will be open for Sunday shopping from 1-6 p.m.

• May 8: Rudersberg Sunday shopping

The town of Rudersberg invites visitors to Sunday shopping and fun events in the center of town. Stores will be open from 1-6 p.m.

• May 8: Wernau-Neckar Sunday shopping

The small village of Wernau opens its stores on Mother's Day Sunday in the center of town. Stores will be open starting at 11 a.m.

• May 9: Deggingen Variety market

This market will be held in the center of town from 8 a.m. to 5 p.m.

• May 13: Göppingen May market

The Göppinger May market returns to the center of town with more than 100 vendors. The market is open from 8 a.m. to 6 p.m.

• May 13: Bietigheim-Bissingen Night Groove

This bar-hopping event is being held in the center of town by various pubs, clubs and restaurants and starts at 7 p.m.

• May 14-15: Stuttgart-Mühlhausen Garden fair and festival

The Calendula herbal garden in Mühlhausen invites visitors to experience a colorful mixture of art, crafts, decorations and herbal recipes during this two-day event.

Visitors can also learn about herbs and their natural healing powers.

• May 14-21: Reutlingen Culture festival

Art in the Center is the name of the fifth international culture festival in the center of Reutlingen. Artists and actors perform in the center of town, workshops and markets, as well as culinary delights, await visitors.

• May 15: Eppingen Bärlauch festival

This festival is held in honor of the

"Bärlauch," a wild onion, that is an ingredient in several regional specialties. The Marktplatz will be stage for this event which includes live music, food and Sunday shopping starting at 11 a.m.

• May 15: Lorch Flower market

This festival offers an herb and flower market in the center of Kloster Lorch. Music and food will round up the event which starts at 11 a.m.

• May 15: Neuenbürg May market

This traditional May market is located in the center of town and features a large variety market and much more.

• May 15: Pforzheim Nature park market

A colorful palette of Black Forest specialties will be on sale during the nature park market. Farmer's bread, Black Forest ham, cheeses and more can be purchased in the center of town from 11 a.m. to 6 p.m.

• May 15: Rottenburg am Neckar Medieval fair

This festival features medieval jesters, fire eaters and jugglers who perform throughout the city center and at the Marktplatz. Rottenburg's stores will be open for shopping during the festival from 1-6 p.m.

• May 15: Stuttgart Spring flea market

The city holds its spring flea market at the Karlsplatz, Hirsch, Kirch and Dorotheenstrasse in the center of town. Visitors can find everything from antiques, housewares and more starting at 11 a.m.

• May 19-28: Ludwigsburg Brewery days

The annual brewery days return to Ludwigsburg. The event will be held at the Rathausshof and offer live music, food and home brewed beer. The event opens daily at 6 p.m.

• May 20-23: Ludwigsburg Horse market

For the 243rd year the horse market "Pferdemarkt" returns to Ludwigsburg. This event features horse shows, a fairground and more at the Bärenwiese.

Show programs and live music schedules can be found at www.ludwigsburg.de.

• May 20-29: Schwäbisch Gmünd May market

The Maimarkt is one of the largest fairground festivals in the Gmünd region. Rides, beer tents and more await visitors at the Schiesstalplatz daily from 11 a.m. to 10 p.m.



www.helmut-pangerl.de

Carriage races are just some of the many events during the Ludwigsburg horse market

Volksmarches in Germany

- April 30 to May 1, Bockenau: Start at the train station Bad Sobernheim
- April 30 to May 1, Oberstenfeld: Start at the train station Marbach/Neckar
- April 30 to May 1, Haslach im Kinzigtal: Start at the train station Haslach
- April 30 to May 1, Murg: Start at the train station Murg/Baden
- April 30 to May 1, Ulm-Eggingen: Start at the train station Ulm Hbf.
- May 1, Burk: Start at the train station Ansbach
- May 1, Aufhausen: Start at the train station Landau/Isar
- May 1, Reichertshofen: Start at the train station Reichershofen
- May 8, Trittau: Start at the train station

- Ahrensburg
- May 8, Stetten-Hechingen: Start at the train station Hechingen
- May 8, Muhr am See: Start at the train station Muhr am See
- May 8, Kemnath: Start at the train station Kirchenlaibach
- May 11, Rinchnach: Start at the train station Regen
- May 15, Reutlingen: Start at the train station Reutlingen Hbf.
- May 18, Morbach: Start at the train station Morbach
- May 18, Reichenbach: Start at the Gemeindehalle Reichenbach
- May 19, Karlsbrunn: Start at the Marktplatz

- May 22, Herschweiler-Pettersheim: Start at the train station Brücken
- May 22, Lauterbach: Start at the train station Lauterbach
- May 22, Reisbach: Start at the train station Saarlouis
- May 22, Winterbach: Start at the train station St. Wedel
- May 22, Eichelberg: Start at the train station Odenheim
- May 22, Lichtenau-Ratatt: Start at the train station Bühl/Baden
- May 26, Bad Dürkheim: Start at the Villa Rustica

*For more information, visit
www.dvv-wandern.de/t_de/tb*

Flea markets in Baden-Württemberg

- April 30: Schmiden-Fellbach at the Kaufland
- April 30: Fellbach at the Shell gas station
- April 30: Überlingen at the Mini-Mal parking lot
- April 30: Rheinfelden at Castle Beugen
- April 30: Remchingen at the Kulturhalle
- May 1: Fellbach at the Toom market
- May 1: Stuttgart-East at the Ostendplatz
- May 3: Schwetzingen at the Möbel Höffner
- May 4: Freiburg at the Mann Mobilia
- May 5: Reutlingen in the center of town
- May 5: Göppingen at the Staufepark-Ost
- May 5: Strühligen at the Rewe

- May 5: Ettlingen at the REAL
- May 5: Haslach im Kinzigtal at the Klostergarten
- May 6: Reutlingen in the center of town
- May 6: Bietigheim at the Festplatz
- May 6: Konstanz at the Gottmannplatz
- May 7: Ludwigsburg at the Rathausplatz
- May 7: Tübingen at the Festplatz
- May 7: Stuttgart-Vaihingen at the university
- May 7: Böblingen at the Real
- May 7: Waiblingen at the Obi
- May 7: Stuttgart-Feuerbach at the Festplatz
- May 7: Sindelfingen at the Stadthalle
- May 7: Esslingen-Zell at the Festplatz

- May 7: Ludwigsburg at the Castle Monrepos
- May 8: Pfullingen at the Marktkauf
- May 8: Wernau in the center of town
- May 8: Buchen at the Kaufland
- May 8: Nagold at the OHG
- May 10: Metzingen at the Picks Raus
- May 12: Hilzingen at the Hegauhalle
- May 12: Hausach at the Klosterplatz
- May 13: Alpiersbach at the Klosterplatz
- May 14: Freudenstadt at the Marktplatz
- May 14: Tübingen at the Festplatz
- May 14: Ludwigsburg in the center of town

- May 14: Böblingen at the REAL
- May 14: Sindelfingen at the OBI
- May 14: Echterdingen at the Festplatz
- May 14: Böblingen at the Festplatz Baumoval
- May 15 Winnenden at the BMW dealership
- May 15: Kirchheim/Teck in the center of town
- May 15: Sankt Blasien at the Immetsberger Kurhaus
- May 19 Göppingen at the Staufepark Ost
- May 19: Zell am Hamersbach at the Kanzleiplatz

For a complete listing and locations, visit www.meine-flohmarktermine.de and click on the 7000 zip code link.



**OUT & ABOUT
IN
BADEN-WÜRTTEMBERG**



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German economy.

Information and photos included in this newsletter are acquired from websites that focus on activities and events within the greater Baden-Württemberg area. Dates, times, locations and even the events may change or be cancelled without prior notice.

If you would like to contribute to the Out & About newsletter, please e-mail: Birgit.Thompson@eur.army.mil. For more information, call 431-3113 or (07031) 15-3113.

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